

### **MARCH 2024 NEWSLETTER**

From the Sublime

### VISIT TO 'LIT AND PHIL'



This month instead of one of our strolls we paid a visit to the Lit and Phil. It was a fascinating visit in which we had a guided tour, and saw their wonderful collections of books, music, maps.... etc.. It is open to all, at any time and free to explore. We were told about its fascinating history, founded in 1793 and the first resource of its kind outside of London. Thanks to Elisabeth for arranging this.







To the Ridiculous

## **HOLIDAY CLUB** LANDLUBBERS CRUISE

17 members of our Holiday club have just returned from a very enjoyable holiday in Llandudno. We took part in a 5 day Landlubbers cruise during which the Tynedale Hotel provided props and activities to represent visits to Paris, Acapulco, Honolulu and Venice. Everyone made an excellent effort to dress accordingly and participate in the activities. The hotel and food were superb and the weather was very kind to us as we went on beautiful sightseeing trips to Betws Y Coed and Llanberis. Another highlight was a visit to the National Slate Mine which was fascinating. This holiday will be hard to beat but look forward to trying. Anne





**ACAPULCO** 







**VENICE** 

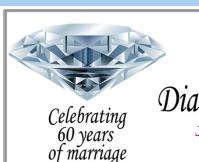


AND BACK TO LLANDUDNO



To-day: Valerie Martin-Greaves: "Where explosions are no more": The Trimdon Grange Colliery Disaster 1882. April: Elizabeth Came: Buffalo Bill Cody May: Peter and Hillary Turton: Sunderland's East End past and present





# Congratulations on your Diamond Wedding Anniversary

28TH MARCH

# From all in Vashington u3a



### TRINITY HOUSE VISIT JUNE 18<sup>™</sup>

AT 2.00 MEET OUTSIDE AT 1-45 ISH

TRINITY HOUSE IS THE BUILDIND AND NAME OF THE ANCIENT ORGANISATION WHO LOOK AFTER THE NAVIGATION AIDS IN RIVERS AND PORTS AROUND THE BRITISH ISLES. THIS IS A CONDUCTED TOUR IT COSTS £7.50 EACH AND WE MEET ON THE QUAY SIDE BESIDE THE LAW COURTS (MORE TRAVEL INFORMATION TO FOLLOW).

### ARE YOU INTERESTED IN GOING — SIGN THE SHEET Keith

CRAFT CLUB: Group met at our new venue, St. Bede's church hall, and discussed our new project - Clothing for premature babies. Beginning with hats. We would like to source old u3a photos for use on banner. Next meeting Thurs Mar 21st at 1:30 pm. Jeni

Tennis - The tennis courts at Usworth Park have been refurbished to a high standard and voluntary groups are being offered free use, with equipment provided and optional.

Talk on the Victoria Viaduct - Peter Welsh of Wessington u3a will be giving a talk about the Victoria Viaduct at Fatfield. As yet there is no date for this, but he has asked for expressions of interest, so I will ask for a show of hands at today's meeting. Diana

Newby Hall -JH Coaches have a trip to Newby Hall on Thursday 23rd May, price £45. There is availability, so if you would like to go phone O191 41O41O7 and say you are with the party from Washington u3a. This will be more cost effective than trying to book our own coach. Diana

Book Group - Once again the book group met at "All Caked Up" to enjoy a coffee and a short discussion about our latest book - The Call of the Wild by Jack Lemon. This book was first published in 1903 and the language used was at times a little dated. The book consisted of 4 short stories with one dog as the main protagonist. This book was not hugely popular with the group, but we all agreed that it was good to try something which we might not otherwise have read. Our next book is "Life Of Pi" by Yann Martel. This was a recent production at the Theatre Royal which was enjoyed immensely by my husband and I. If you ever get a chance to see this play, do go!

Our next meeting is at 10am on Tuesday April 2nd at "All Caked Up." Isobel

### **Photography Group**

This month nine of us travelled into Sunderland to take photos for our current project "Sunderland: Then and Now". We started in Keel Square, took in various streets and viewed the new south entrance to the station, before heading into the museum and Mowbray Park. Then it was back up Fawcett Street to Mackies Corner, where the Elephant Tearooms have been renovated and look really good. Sad to say the same can't be said for some parts of the city, which were previously prosperous. We lunched at a pleasant café called Biz-R. There was much reminiscing of how places looked in our younger days. A long way to go yet on this project, but we've made a start. *Diana* 













STROLLS - On 20th February strollers met outside the Galleries Leisure centre and strolled through Princess Anne park and after a couple of small inclines arrived on the coast to coast path close to the viaduct. From there we walked along the path to the Arts Centre for very enjoyable refreshments. Afterwards we split up with some taking the bus back, others returning through the park and some walking homewards. *June and Linda* 









Tuesday March 5th eleven strollers met at St. Andrews car park and car shared to Jarrow, Leaving from the old Police station yard we walked down to the path which followed the river Don to St. Pauls Church where we were given a history talk and tour of the church, we then had a brief look around the monastery ruins and then up the hill to our pre booked table for refreshments. All fed and watered we retraced our steps to our cars for our return. *Shirley and Ken*.

### **Monthly Walk**

This months walk started with seven souls walking from Biddick Park woods and walking the old mineral line to the schoolhouse kitchen where we stopped for refreshments on a pre-booked table. After food and debate we retraced our steps which looked surprisingly different going back, enjoyed by all. *Ken and Shirley* 







- Which planet in the Milky Way is the hottest?
- 2. What is the 4th letter of the Greek alphabet?
- 3. What sports car company manufactures the 911
- **4.** What city is known as "The Eternal City"?
- 5. Roald Amundsen was the first man to reach the South Pole, but where was he from?
- 6. Which planet has the most moons?
- 7. What country has won the most World Cups?
- 8. In what country would you find Mount Kilimanjaro?
- 9. What is a group of pandas known as?
- 10. How many bones do we have in an ear?

### **CURRENT ACTIVITIES**

Day Outings	As and when	Craft	Thursday 1.30 p.m. 3rd in month <i>Jeni An-</i>
		St. Bede's Church Hall	derson
Book Club	Tuesday 1st in month	Dominoes	Monday 2 p.m.
All caked up	10:00 am  Isobel Boother	Woodridge Gdns	Alternate weeks
Holiday Group	Thursday 10.30 a.m.	Lunch	Friday last in month
Peacehaven Court	Some month's only, last in month <i>Anne</i> <i>Moffatt</i>		(variable time and place) Elvira Pirozzi
Monthly Meeting	Tuesday 10 a.m.	Photography	Thursday 10 a.m.
St.Andrews	2nd in month	Millennium Centre	1st in Month
Quiz Group	Thursday 2 p.m.	Strollers	Tuesday 12:30 pm -
Millennium Centre	2nd in month Shirley Talbot	Meet St Andrews	can vary Diana Clark.
Walking	Wednesday 9.30 a.m.	Whist	Monday 2 p.m.
Meet St Andrews	last in month John Ball	Woodridge Gdns	Alternate weeks

**CONTACTS: Chair, Diana Clark Secretary: Sandra Cullen** 

Welfare Secretary: Jeni Anderson